

# Checklist Before Surgery



## As soon as you are scheduled to have a day surgery procedure:

- Fill in any required paperwork, including the RiverCity Private Hospital admission form, and return as instructed
- Confirm that your private health insurer will cover your procedure and if there is any applicable co-payment/excess that you need to pay
- If you have any questions, check with your surgeon or contact us prior to your procedure
- Decide how you will get to and from the day surgery (see location details below) – make sure you have a responsible adult to accompany you home
- If you have young children, arrange for someone else to look after them for at least 24 hours after your surgery as you may still be slightly drowsy
- Make sure you understand any fasting instructions you have been given, particularly if you have diabetes – if you are unsure, please check with your doctor
- Do not smoke, take recreational drugs or drink alcohol for at least 24 hours before your surgery.

**If you are unable to attend your scheduled procedure (e.g. you are ill), please notify us immediately on (07) 3736 3010.**

## Getting here

**Car:** Conveniently located only 2.5 kilometres west of Brisbane's CBD, we are easy to reach by car. There is a multi-level carpark with approximately 50 parking spaces on-site (4-hour parking limit).

**Public transport:** Bus route 470 stops on Milton Road (stop 10) opposite RiverCity Private Hospital. Alternatively, Auchenflower Railway Station is a 5-minute walk away. After your surgery, you will need assistance getting home – please arrange for a responsible adult to accompany you home.

**Disability access:** For people with limited mobility, the multi-level carpark provides easy access to the day surgery reception.



**401 Milton Road, Auchenflower QLD 4066**

**Hours** 6.30 am to 6.00 pm

**Phone** (07) 3736 3010

**Fax** (07) 3736 3098

**Email** enquiries@rivercityph.com.au